

NMJW PRESENTS

GSWN

TEAM DUALS

Cost:

\$450.00

Per Team

**Registration: Please contact
Andrew Fowner 505-615-7027**

Elementary : K-5TH 40,44,48,52,56,60,64,68,72,76,80,84,88,92,96,100,110,130

Middle School : 6TH-8TH 72,76,80,84,88,92,96,100,105,110,115,120,130,140,160,210

High School : 107,114,121,127,133,139,145,152,160,172,189,215,HWT

Girls K-12 : 43,47,52,57,62,67,72,77,84,91,95,100,107,114,120,126,132,138,145,152,165,185,235

TIME PERIODS:

Elementary: 3-one and a half min. periods (1.5:1.5:1.5)

Middle School: 3-one and a half min. periods (1.5:1.5:1.5)

Girls k-12th: 3-one and a half min. periods (1.5:1.5:1.5)

High School: 3-two minute periods (2:2:2)

Schedule:

Thursday March 7th

**6:00-7:00pm Weigh-ins
must weigh-in as a team**

(Your weigh-in will also count for Saturday individual tournament)

Friday March 8th

7:00am Doors

8:45am Clear Mats

9:00am Wrestling Begins

**Awards: Trophies 1st-3rd team
and medals for individuals**

