

GREATER SOUTHWEST NATIONALS

TINGLEY COLISEUM 300 SAN PEDRO DR NE,
ALBUQUERQUE, NM 87108

**MARCH
8, 2025**

6U/GIRLS: 32,35,39,43,47,51,55,59,63,67,71,75,80, HWT (95 Max)

8U/GIRLS: 37,42,46,49,53,57,61,65,69,73,77,81,87,93,97, HWT (120 Max)

10U/GIRLS: 50,55,60,65,70,75,80,85,90,95,100,105,110,115,120,130, HWT (155 Max)

12u/GIRLS: 55,60,65,70,75,80,85,90,95,100,105,110,115,120,130,140,150,165,175, HWT (205) Max

14UGIRLS: 75,80,85,90,95,100,106,113,120,126,132,138,145,152,160,170,182,195, 220, HWT (285 Max)

High School: 107,114,121,127,133,139,145,152,160,172,189,215, HWT (285 Max)

Girls High School: 100,107,114,120,126,132,138,145,152,165,185, HWT (235 Max)

Open Division (30 & younger): 125,133,141,149,157,165,174,184,197,220, HWT (No Max)

Silver Division (30 & over): 125,133,141,149,157,165,174,184,197,220, HWT (No Max)

TIME PERIODS:

6 & 8 and Under: 3-one minute periods (1:1:1)

10,12,14 and Under: 3-one and a half min. periods (1.5:1.5:1.5)

High School: 3-two minute periods (2:2:2)

Open Division: 3-one minute periods (1:1:1)

Silver Division: 3-one minute periods (1:1:1)

Consolation Matches:

6,8,10,12,14,Open,Silver: 3-one minute periods (1:1:1)

High School: 1-one minute period and 2-two minute period (1:2:2)



•Tournament Rules: Each division is determined by the wrestlers age according to Birthdate (cutoff Sept. 1).
Proof of age must be available in event of protest.

•Any challenges to a wrestler must be made to the tournament director before the challenged athlete wrestles the first match.

•A one (1) pound allowance will be given to 6u,8u,10u,12u,14u (boys/girls).

•A three (3) pound allowance will be given to the High School, Open, and Silver Divisions.

•Wrestlers may wrestle in multiple divisions

•Ten (10) minute mandatory rest between matches.

•1 Coaching pass per 4 participants, 6 passes max given out to each registered team.

•Wrestlers will be scratched if individuals are asked to leave the floor because of non-compliance regarding floor Pass.

Awards:

Champion - Champion Belt & 7in Medal
2nd thru 6th Place - 7in Medal
Out-Standing Wrestler each division
Team Awards 1st thru 3rd place

GREATER SOUTHWEST NATIONAL PRICES:

ENTRY FEE \$55.00

ONSITE REGISTRATION FEE \$65.00

EARLY WEIGH-IN \$20.00 (cash only)

LATE WEIGH-IN \$20.00 (cash only)

REBRACKET \$25.00

COACHES BANDS \$30.00

ADULT ADMISSION \$15.00

CHILD ADMISSION 5-12 \$5.00

UNDER 5 FREE

Schedule:

Friday March 7th

Early Weigh-ins 12:00pm-1:00pm
Regular Weigh-ins 5:00pm-7:00pm

Saturday March 8th

Late Weigh-ins 7:00am-7:30am
Doors Open 7:00am
Wrestling Starts at 9:00am

REGISTER: ONLINE AT TRACKWRESTLING.COM: 2025 GREATER SOUTHWEST