

# NMJW PRESENTS

# GSWN

## TEAM DUALS

**Cost:**

**\$450.00**

**Per Team**

**Registration: Please contact  
Andrew Fowner 505-615-7027**

**Elementary : K-5TH 40,44,48,52,56,60,64,68,72,76,80,84,88,92,96,100,110,130**

**Middle School : 6TH-8TH 72,76,80,84,88,92,96,100,105,110,115,120,130,140,160,210**

**High School : 107,114,121,127,133,139,145,152,160,172,189,215,HWT**

**Girls K-12 : 43,47,52,57,62,67,72,77,84,91,95,100,107,114,120,126,132,138,145,152,165,185,235**

### **TIME PERIODS:**

**Elementary: 3-one and a half min. periods (1.5:1.5:1.5)**

**Middle School: 3-one and a half min. periods (1.5:1.5:1.5)**

**Girls k-12th: 3-one and a half min. periods (1.5:1.5:1.5)**

**High School: 3-two minute periods (2:2:2)**

**•A one (1) pound allowance will be given to 6u,8u,10u,12u,14u (boys/girls).**

**•A three (3) pound allowance will be given to the High School,**

### **Schedule:**

**Thursday March 6th**

**6:00-7:00pm Weigh-ins  
must weigh-in as a team**

**(Your weigh-in will also count for Saturday individual tournament)**

**Friday March 7th**

**7:00am Doors**

**8:45am Clear Mats**

**9:00am Wrestling Begins**



**Awards: Trophies 1st-3rd team  
and medals for individuals**