



POJOAQUE THROWDOWN STATE QUALIFIER

Sunday, January 28, 2024
Pojoaque Valley HS - Ben Lujan Gym
1574 NM 502, SANTA FE, NM 87506

WEIGH IN'S & SKIN CHECK: SATURDAY, JAN. 27, 2024
5:00 TO 7:00 PM PVHS GYM

MORNING WEIGH IN'S & SKIN CHECK: SUNDAY, JAN. 28, 2024
6:30 TO 7:00 AM PVHS GYM

REGISTRATION: REGISTER ON TRACKWRESTLING.COM
DEADLINE FOR REGISTRATION IS
JAN. 26, 2024 ENTRY FEE IS
\$22.70 PER WRESTLER PER DIVISION.



DOORS OPEN: SUNDAY, JAN. 28, 2024
6:30 AM PVHS GYM

COACH'S MEETING: SUNDAY, JAN. 28, 2024
7:30 AM PVHS GYM

SESSION 1: SUNDAY, JAN. 28, 2024
6U, 10U, 14U BOYS & 8U, 12U, HS GIRLS
8:00 AM TO 12:00 AM
PVHS GYM

SESSION 2: SUNDAY, JAN. 28, 2024
8U, 12U, HS BOYS & 6U, 10U, 14U GIRLS
12:00 PM TO COMPLETION
PVHS GYM

TIME PERIODS: 6U, 8U, (BOYS & GIRLS)
1, 1, 1

10U, 12U, 14U & HS, (BOYS & GIRLS)
1.5, 1.5, 1.5

AAU SANCTIONED EVENT
FHS RULES
HEAD GEAR MANDATORY

ANDREW FOWNER 505.615.7027
JOHNNY TAPIA 505.310.1539

NEW MEXICO JUNIOR WRESTLING WEIGHT CLASSES AND DIVISIONS											
2023/2024 FOLKSTYLE SEASON (162)											
Age as of September 1, 2023											
6U BOYS	6U GIRLS	8U BOYS	8U GIRLS	10U BOYS	10U GIRLS	12U BOYS	12U GIRLS	14U BOYS	14U GIRLS	HS BOYS	HS GIRLS
32	40	42	45	55	55	60	65	80	90	98	90
35	45	46	50	60	60	65	70	88	100	103	95
39	50	49	55	65	65	70	75	98	107	107	100
43	55	53	60	70	70	75	80	107	114	114	107
47	60	57	65	75	75	80	85	114	120	121	114
51	65	61	70	80	80	85	90	121	126	127	120
55	70	65	75	85	90	90	95	127	132	133	126
59	75	69	80	90	100	95	100	133	138	139	132
63	HWT	73	85	95	110	100	110	139	145	145	138
67	85 MAX	77	HWT	100	120	105	120	145	152	152	145
71		81	100 MAX	110	HWT	110	130	152	165	160	152
75		87		120	145 MAX	115	145	160	185	172	165
80		93		130		120	HWT	172	235	189	185
HWT		HWT		HWT		130	165 MAX	189	235 MAX	215	235
95 MAX		120 MAX		155 MAX		140		215		285	235 MAX
						150		HWT		285 MAX	
						165		285 MAX			
						175					
						HWT					
						205 MAX					

Must be Four (4) years old on or before September 1. No 3 year olds are allowed to wrestle in any NMJW sanctioned events.